

Because of the exclusivity of Turning Point, each client's treatment needs are uniquely addressed through individualized attention and care in a sophisticated retreat-based healing environment.

Our caring, professional staff of Doctors, Licensed Professional Therapists and Educators are deeply committed to providing the highest quality of care in a safe and nurturing environment, using the most revolutionary approaches known today. All individuals who enter our program receive treatment that is specifically designed to fit their unique needs in a way that best serves their recovery.

More personalized one-on-one care, smaller therapy and education groups combined with an uncompromising dedication to healing are precisely what make Turning Point the choice for experiencing the change of a lifetime.



# TURNING POINT

Mountain View



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Mountain View

616 E. 11000 S. Sandy, Utah 84070  
(801) 576-0745 or 0746  
(801) 576-0747 Fax  
1-888-576-HEAL  
[www.turningpointcenters.com](http://www.turningpointcenters.com)

24 HOUR HELPLINE  
**1-888-576-HEAL**  
EXCLUSIVE RESIDENTIAL TREATMENT

With the backdrop of the majestic Wasatch Mountain Front, Turning Point welcomes its clients with secluded lush grounds, a tranquil facility, attention to detail and impeccable service during the healing process from addiction.



# Call

Our 24 hour HELPLINE today  
at 1-888-576-HEAL (4325)

for answers to your questions, more information or  
to check room availability.

The Turning Point's innovative program focuses on recognizing, questioning and healing our painful thoughts and beliefs that cause our suffering, along with practicing the power of present moment awareness. We achieve this through employing a gentle process that includes and works in conjunction with Dual Diagnosis and Cognitive Behavioral Therapy along with "The Work" by best selling author Byron Katie. "The Work" is internationally recognized and considered a revolutionary tool for healing. Our approach is highly effective in both treating addictions and relapse prevention by offering simple, yet powerful tools that can be easily used and incorporated in everyday life.

*"The Turning Point offers the most innovative, progressive program that I have had the pleasure of being involved with in the entire 30 years of my career. I am proud to be a part of it!"*  
Dr. Robert Simmons



It is our sincere belief that the healing of addictions is a sacred journey that is to be given the deepest of reverence and respect...thus it is our honor to assist on this journey back to wholeness.

## Turning Point's Experiential Treatment includes:

- Morning "meditation" walks
- Daily physical fitness
- Individualized counseling
- Healthy "whole" foods cuisine prepared
- Natural daily supplements provided (upon request)
- Family day and a family/client session
- Creative art therapy
- Equine therapy
- Access to a deluxe, fully appointed gym
- Free continuing care
- Supportive transitional living
- Intensive outpatient programs
- Interventions

**...and so much more!**

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